

Raw Bar

PURE, NATURAL, AND PREPARED TO ORDER

- 🌿 **OYSTERS OF THE DAY*** 4
- 🌿 **SHRIMP COCKTAIL, COLOSSAL NAKED** 23
- 🌿 **TUNA TATAKI*** 21.5
blackened, citrus soy sauce, kelp salad, wasabi cream

Starters

- NEW ENGLAND CLAM CHOWDER** 12.5
our classic recipe
- CRAB CAKE, A LEGAL SIGNATURE** 28
lump crab, mustard sauce, greens, corn, onions, tomatoes, Dijon vinaigrette
- 🌿 **CALAMARI, CRISPY FRIED** 20.5
tartar sauce or Rhode Island style (hot peppers & garlic)

Salads

- 🌿 **GREEK SALAD** 13.25
tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette
- 🌿 **HOUSE SALAD** 12.5
local organic leaf lettuce, tomato, roasted corn, hard boiled egg, red onion, croutons, Dijon vinaigrette
- 🌿 **CLASSIC CAESAR SALAD** 13.25
romaine hearts, garlic croutons, shaved romano, creamy dressing
- TOP SALADS WITH:**
- 🌿 **CHICKEN** grilled or blackened. 8
- 🌿 **SHRIMP, JUMBO** grilled or blackened 15
- 🌿 **SALMON*** grilled or blackened 21
- 🌿 **TUNA* YELLOWFIN** grilled or blackened 17
- 🌿 **LOBSTER OR CRABMEAT SALAD** MKT

Crispy Fried

TRADITIONAL NEW ENGLAND OR ANGRY STYLE
 served with french fries and coleslaw

- 🌿 **SHRIMP, JUMBO NAKED** 32.5
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable
- 🌿 **CLAMS, WHOLE BELLY** 42
- 🌿 **FISHERMAN'S PLATTER** 48
jumbo naked shrimp, local whitefish & calamari
- 🌿 **FISH & CHIPS** 33
caught by our good friend, Tory Bramante
GULF OF MAINE

Grilled or Blackened

served with your choice of two sides

- 🌿 **SALMON*, NORWEGIAN** 38.75
HELGELAND COAST
- 🌿 **TUNA*, YELLOWFIN** 44.5
scan below for today's origin
- 🌿 **SHRIMP, JUMBO NAKED** 39
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable

- 🌿 **Enhancements**
cajun spice | garlic butter

Scan for details on today's Fresh Catch!



🌿 Our Gluten Free Promise

At Legal Sea Foods, we're committed to offering gluten free menu items for our guests - a mix of items that are naturally or can be prepared gluten free. In fact, our famous fry mix is gluten free - so all of your crispy fried favorites can be enjoyed. Please specify with your server if you prefer Gluten Free preparation.

Mains

- 🌿 **SALMON*, HOISIN GLAZED HELGELAND COAST** 38.75
quinoa, mushrooms, asparagus, roasted red peppers, red onions
- 🌿 **TUNA*, YELLOWFIN, NORI-CHILI CRUST** 44.5
jasmine rice, roasted broccoli, ponzu sauce
- CRAB CAKE & SHRIMP COMBO, A LEGAL SIGNATURE** . . . 49
lump crab cake, mustard sauce, jasmine rice, greens, corn, onion, tomato, Dijon vinaigrette
- HADDOCK, BAKED ANNA'S WAY** 33
buttered crumbs, roasted tomato, jasmine rice, broccoli

Sandwiches

- 🌿 **CRISPY FISH SANDWICH** 20.75
pollock, lettuce, tomato, pickles, tartar sauce, french fries & coleslaw
- 🌿 **BACON CHEDDAR BURGER*, DOUBLE R RANCH** 21
applewood smoked bacon, Vermont cheddar, lettuce, tomato, french fries & coleslaw
- 🌿 **SMOKED SALMON SANDWICH*** 22
lettuce, tomato, mustard sauce, capers, french fries, coleslaw
- 🌿 **JONAH CRAB ROLL** 39
delicate North Atlantic crabmeat with mayo, french fries & coleslaw
- PETIT LOBSTER ROLL & CUP OF CHOWDER** 41
french fries & coleslaw
- 🌿 **HALF POUND MAINE LOBSTER ROLL** 49
traditional with lemon mayo, french fries & coleslaw
- 🌿 **WHOLE BELLY CLAM ROLL** 32
lettuce, tomato, tartar sauce, french fries & coleslaw
- CRAB CAKE SANDWICH** 36
avocado, sriracha mayo, toasted brioche bun, french fries & coleslaw
- FISH TACOS** 22
crispy local whitefish, pickled red cabbage, chipotle aioli, pico de gallo, fried plantains
- 🌿 **GRILLED CHICKEN SANDWICH** 20.5
applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo, french fries & coleslaw

Sides

- 🌿 **COLESLAW** 4.5
- 🌿 **JASMINE RICE** 8
- 🌿 **FRENCH FRIES** 8
- 🌿 **BROCCOLI** 8
- 🌿 **ASPARAGUS** 9

Desserts

- BOSTON CREAM PIE** 12.5
sponge cake, custard, chocolate sauce, crème anglaise, almonds, toffee bits
- 🌿 **KEY LIME PIE** 12.5
lime custard, raspberry sauce, whipped cream

Take-Away

- 🌿 **PEPSI, DIET PEPSI** 4.00
- 🌿 **AQUAFINA** 5.75

Ask your server for food to go

Join Legal Net Rewards and earn points for today's visit!



Before placing your order, please inform your server if a person in your party has a food allergy. *Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



Cocktails

- LEGAL RED SANGRIA** 17.5
spanish red wine, crème de pêche, bacardi limon & raspberry rums, fresh citrus, lemon-lime soda
- LEGAL WHITE SANGRIA** 17.5
crop organic meyer lemon vodka, st. germain elderflower, sauvignon blanc, lemonade, lemon-lime soda, lemon bitters
- MANGO LEMON DROP** 16.5
grainger's deluxe organic citrus vodka, real mango puree, lemon
- PASSION FRUIT MULE** 16.0
new amsterdam passion fruit vodka, real passion fruit puree, ginger beer, lime
- PATRON MARGARITA REAL** 19.0
LSF barrel-select patrón reposado tequila, patrón citrónge, lime
- SPICY CUCUMBER MARGARITA** 17.5
lunazul blanco tequila, ghost tequila, bols triple sec, cucumber, agave, lime, lemon
- CARAJILLO BUFFALO** 18.0
LSF barrel-select buffalo trace bourbon, licor 43, chilled espresso
- ESPRESSO MARTINI** 17.5
grainger's organic vanilla vodka, borghetti caffè espresso liqueur, buffalo trace bourbon cream
- BELLINI** 16.0
jeio prosecco, peach liqueur, peach puree

- BLOODY MARY** 15.5
grainger's deluxe organic vodka, LSF bloody mary mix, celery, lemon, lime
- ADD CORNICHONS** 0.50
- ADD BACON** 1.00
- ADD SHRIMP COCKTAIL** 4.25

Beer

- Draft* 16 oz | 23 oz
- NIGHT SHIFT LEGALLY HAZY MA** 11.5 | 16.5
- ALLAGASH WHITE ME** 11.5 | 16.0
- BUD LIGHT MO** 9.0 | 13.0
- SAMUEL ADAMS BOSTON LAGER MA** 10.0 | 14.5
- SAMUEL ADAMS SEASONAL MA** 10.0 | 14.5
- ROTATING WILDCARD** MKT
- Can*
- HIGH NOON HARD SELTZER CA** 10.0
vodka based seltzer - ask your server for available flavor

Sparkling Wine



- JEIO PROSECCO** Valdobbiadene NV 16.5 | 60
- LUCIEN ALBRECHT CREMANT D'ALSACE ROSÉ BRUT**
Alsace NV 17 | 64
- CHIARLO "NIVOLE" MOSCATO D'ASTI** Piedmont ... 14.5 | (½) 29

White Wine



- ALBARIÑO** **BODEGAS LA CANA** Rias Baixas 16.75 | 20.75 | 63
- ROSÉ** **CHATEAU MIRAVAL** Côtes de Provence 18 | 22 | 68
- RIESLING** **KARL ERBES ÜRZIGER WÜRZGARTEN KABINETT** Mosel 16 | 20 | 60
- PINOT GRIGIO** **TERLATO** Friuli 17 | 21 | 64
- SAUVIGNON BLANC** **YEALANDS** Marlborough 16.75 | 20.75 | 63
- HONIG** Napa (½) 39
- CLOUDY BAY** Marlborough 21.5 | 25.5 | 84
- CAKEBREAD** North Coast 21.75 | 25.75 | 85
- JACQUES DUMONT SANCERRE** Loire 21.75 | 25.75 | 85
- CHARDONNAY** **IMAGERY WINE ESTATES** California (½) 25
- VERGELEGAN "ROCKY LANDS"** Stellenbosch 16 | 20 | 60
- LOUIS LATOUR "LSF CUVÉE"** Mâconnais 18.25 | 22.25 | 69
- SONOMA-CUTRER "RRR"** Sonoma 19 | 23 | 72
- LA CHABLISIENNE** Chablis (½) 42
- JORDAN** Russian River 20.5 | 24.5 | 82

Red Wine



- PINOT NOIR** **CHATEAU SOUVERAIN** California 16 | 20 | 60
- CHEHALEM** Willamette Valley 17.5 | 21.5 | 69
- BENTON-LANE ESTATE** Willamette Valley 20.75 | 24.75 | 78
- LA CREMA** Sonoma Coast (½) 40
- TEMPRANILLO** **MUGA RESERVA** Rioja 20.75 | 24.75 | 78
- MERLOT** **BUENA VISTA** Alexander Valley 15.75 | 19.75 | 58
- MALBEC** **ALCANZA** Mendoza 16 | 20 | 60
- CABERNET SAUVIGNON** **SIMI** Sonoma 18 | 22 | 67
- BUEHLER** Napa Valley 20 | 24 | 80
- J. LOHR "HILLTOP"** Paso Robles (½) 40
- JORDAN** Alexander Valley 97

Non-Alcoholic

- BLACKBERRY BURLESQUE** 13
steeped dammann frères nuit d'ete tea, real blackberry puree, ginger beer, lime
- ALL DAY ROSÉ** 13
fluere non-alcoholic bitter spirit, steeped dammann frères nuit d'ete tea, kylie non-alcoholic sparkling rosé, soda
- KYLIE SPARKLING ROSÉ** 13
beautifully pale pink, alcohol-free, sparkling rosé - refined and refreshing on the palate with a complex dry finish

- COCONUT MINT WATER** 5.75
(plain coconut water also available)
- ATHLETIC BREWING UPSIDE DAWN CT** 10.25
classic golden ale
- GUINNESS ZERO** Ireland 8
hints of chocolate and coffee, balanced with bitter, sweet, roasted notes