

Raw Bar

PURE, NATURAL, AND PREPARED TO ORDER

- 🌿 **OYSTERS OF THE DAY*** 3.75
- 🌿 **SHRIMP COCKTAIL, COLOSSAL NAKED** 22
- 🌿 **TUNA TATAKI*** 20.5
blackened, citrus soy sauce, kelp salad, wasabi cream

Starters

- NEW ENGLAND CLAM CHOWDER** 12
our classic recipe
- CRAB CAKE, A LEGAL SIGNATURE** 27.5
lump crab, mustard sauce, greens, corn, onions, tomatoes, Dijon vinaigrette
- 🌿 **CALAMARI, CRISPY FRIED** 19.75
tartar sauce or Rhode Island style (hot peppers & garlic)

Salads

- 🌿 **GREEK SALAD** 13
tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette
- 🌿 **HOUSE SALAD** 12
local organic leaf lettuce, tomato, roasted corn, hard boiled egg, red onion, croutons, Dijon vinaigrette
- 🌿 **CLASSIC CAESAR SALAD** 13
romaine hearts, garlic croutons, shaved romano, creamy dressing
- TOP SALADS WITH:**
- 🌿 **CHICKEN** grilled or blackened 7.5
- 🌿 **SHRIMP, JUMBO** grilled or blackened 14.25
- 🌿 **SALMON*** grilled or blackened 16.5
- 🌿 **TUNA*, YELLOWFIN** grilled or blackened 16.5
- 🌿 **LOBSTER OR CRABMEAT SALAD** MKT

Crispy Fried

TRADITIONAL NEW ENGLAND OR ANGRY STYLE
served with french fries and coleslaw

- 🌿 **SHRIMP, JUMBO NAKED** 31.5
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable
- 🌿 **SCALLOPS** 41.75
- 🌿 **CLAMS, WHOLE BELLY** 39
- 🌿 **FISHERMAN'S PLATTER** 48
jumbo naked shrimp, whitefish & calamari
- 🌿 **FISH & CHIPS** 31.5
caught by our good friend, Tory Bramante, **GULF OF MAINE**

Grilled or Blackened

served with your choice of two sides

- 🌿 **SALMON*, NORWEGIAN** 37.25
HELGELAND COAST
- 🌿 **TUNA*, YELLOWFIN** 42.75
scan below for today's origin
- 🌿 **SCALLOPS** 41.75
GULF OF MAINE
- 🌿 **SHRIMP, JUMBO NAKED** 37.25
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable

- 🌿 **Enhancements**
cajun spice | garlic butter

Scan for details on today's Fresh Catch!



🌿 Our Gluten Free Promise

At Legal Sea Foods, we're committed to offering gluten free menu items for our guests - a mix of items that are naturally or can be prepared gluten free. In fact, our famous fry mix is gluten free - so all of your crispy fried favorites can be enjoyed. Please specify with your server if you prefer Gluten Free preparation.

Mains

- 🌿 **SALMON*, HOISIN GLAZED HELGELAND COAST** 37.25
quinoa, mushrooms, asparagus, roasted red peppers, red onions
- 🌿 **TUNA*, YELLOWFIN, NORI-CHILI CRUST** 42.75
jasmine rice, roasted broccoli, ponzu sauce
- CRAB CAKE COMBO, A LEGAL SIGNATURE** 48
lump crab cake, grilled shrimp, seared scallops, mustard sauce, jasmine rice, greens, corn, onion, tomato, Dijon vinaigrette
- HADDOCK, BAKED ANNA'S WAY** 31.75
buttered crumbs, roasted tomato, jasmine rice, broccoli
- FISH TACOS** 19.75
crispy whitefish, pickled red cabbage, chipotle aioli, pico de gallo, fried plantains

Sandwiches

served with french fries and coleslaw

- 🌿 **CRISPY FISH SANDWICH** 19.75
pollock, lettuce, tomato, pickles, tartar sauce
- 🌿 **BACON CHEDDAR BURGER*, DOUBLE R RANCH** 20.75
applewood smoked bacon, Vermont cheddar, lettuce, tomato
- 🌿 **SMOKED SALMON SANDWICH*** 15
lettuce, tomato, mustard sauce, capers
- 🌿 **JONAH CRAB ROLL** 37.25
delicate North Atlantic crabmeat with mayo
- PETIT LOBSTER ROLL & CUP OF CHOWDER** 41
- 🌿 **HALF POUND MAINE LOBSTER ROLL** 47.25
traditional with lemon mayo
- 🌿 **WHOLE BELLY CLAM ROLL** 32
lettuce, tomato, tartar sauce
- CRAB CAKE SANDWICH** 34
avocado, sriracha mayo, toasted brioche bun
- 🌿 **GRILLED CHICKEN SANDWICH** 19.75
applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo

Sides

- 🌿 **COLESLAW** 4.5
- 🌿 **JASMINE RICE** 8
- 🌿 **FRENCH FRIES** 8
- 🌿 **BROCCOLI** 8
- 🌿 **ASPARAGUS** 9

Desserts

- BOSTON CREAM PIE** 12.5
sponge cake, custard, chocolate sauce, crème anglaise, almonds, toffee bits
- 🌿 **KEY LIME PIE** 12.5
lime custard, raspberry sauce, whipped cream

Take-Away

- 🌿 **PEPSI, DIET PEPSI** 3
- 🌿 **AQUAFINA** 2.25

Ask your server for food to go

Join Legal Net Rewards and earn points for today's visit!





Cocktails

- LEGAL RED SANGRIA** 17.5
spanish red wine, crème de pêche, bacardi limon & raspberry rums, fresh citrus, lemon-lime soda
- LEGAL WHITE SANGRIA** 17.5
crop organic meyer lemon vodka, st. elder elderflower, sauvignon blanc, lemonade, lemon-lime soda, lemon bitters
- PASSION FRUIT MULE** 16.5
new amsterdam passion fruit vodka, reál passion fruit puree, ginger beer, lime
- LUNAZUL MARGARITA REÁL** 17.0
lunazul reposado tequila, patrón citrónge, lime
- SPICY CUCUMBER MARGARITA** 17.5
lunazul blanco tequila, ghost tequila, bols triple sec, cucumber, agave, lime, lemon
- KENTUCKY CARAJILLO** 18.0
evan williams bourbon, licor 43, chilled espresso
- ESPRESSO MARTINI** 17.5
smirnoff vanilla vodka, borghetti caffè espresso liqueur, baileys irish cream
- MOULIN ROUGE** 17.5
hendrick's grand cabaret gin, crème de peche, fever-tree lime and yuzu soda water, sugar, lemon
- BELLINI** 16.5
jeio prosecco, peach liqueur, peach puree

- BLOODY MARY** 14.25
smirnoff vodka, LSF bloody mary mix, celery, lemon, lime
- ADD CORNICHON** 0.50
- ADD BACON** 1.00
- ADD SHRIMP COCKTAIL** 4.25

Beer

- Draft* 16 oz | 23 oz
- NIGHT SHIFT LEGALLY HAZY MA** 11 | 15.5
 - ALLAGASH WHITE ME** 11 | 15.5
 - BUD LIGHT MO** 8 | 11.5
 - DC BRAU "THE PUBLIC" PALE ALE DC** 8.5 | 12.5
 - DOGFISH HEAD 60 MINUTE IPA DE** 11 | 15.5
 - SAMUEL ADAMS BOSTON LAGER MA** 9 | 13
 - SAMUEL ADAMS SEASONAL MA** 9 | 13
 - STELLA ARTOIS** 9.5 | 14
- Can*
- ANGRY ORCHARD CRISP APPLE CIDER NY** ... 9
 - CORONA Mexico** 8.5
 - DOGFISH HEAD SEAQUENCH SESSION SOUR ALE DE** 9
 - FLYING DOG THE TRUTH IMPERIAL IPA MD**... 8
 - HEINEKEN Holland** 8.5
 - HIGH NOON HARD SELTZER CA** 9.5
 - MILLER LITE USA** 8
 - TRULY HARD SELZTER CA** 8.5
 - TRULY TEQUILA SODA CA** 8.5
 - YUENGLING PA** 8

Sparkling Wine



- JEIO PROSECCO** Valdobbiadene 15 | 57
- NICOLAS FEUILLATTE BRUT NV** 22 | 95
- VEUVE CLICQUOT "YELLOW LABEL" BRUT NV** 105
- MOSCATO D'ASTI, CHIARLO "NIVOLE" Piedmont** . . . 14 | (½) 28

White Wine



- ALBARIÑO** **LA CANA** Rias Baixas 16 | 20 | 61
- ROSÉ** **WHISPERING ANGEL** Provence 18 | 22 | 70
- RIESLING** **HUGEL** Alsace 48
- PINOT GRIGIO** **TERLATO** Friuli 16 | 20 | 61
- SANTA MARGHERITA** Valdadige (½) 35
- YEALANDS** Marlborough 15 | 19 | 57
- CAKEBREAD** Napa 19 | 23 | 79
- CLOUDY BAY** Marlborough 79
- SAGER AND VERDIER SANCERRE** Loire 19 | 23 | 76
- CHARDONNAY** **DEMORGENZON "DMZ"** Stellenbosch 38
- DIATOM (UNOAKED)** Santa Barbara County 19 | 23 | 76
- PATZ & HALL** Sonoma Coast 59
- SONOMA-CUTRER "RRR"** Sonoma 18 | 22 | 70
- GARY FARRELL** Russian River 82
- STAGS' LEAP WINERY** Napa Valley 21 | 25 | 84
- JORDAN** Russian River 20 | 24 | 79

Red Wine



- PINOT NOIR** **CHATEAU SOUVERAIN** California 15 | 19 | 57
- CHIANTI** **CECCHI** Castellina 14 | 18 | 57
- MERLOT** **DECOY** California 16 | 20 | 60
- MALBEC** **ZUCCARDI MOUNTAIN VINEYARDS** Uco Valley 73
- CABERNET SAUVIGNON** **BRAAI** Western Cape 57
- SIMI** Sonoma 16 | 20 | 61
- BUEHLER** Napa 74
- HESS "ALLOMI VINEYARD"** Napa 36
- JORDAN** Alexander Valley 94

Non-Alcoholic

- BLACKBERRY BURLESQUE** 13
steeped dammann frères nuit d'ete tea, reál blackberry puree, ginger beer, lime
- ATHLETIC BREWING UPSIDE DAWN** 9.75
classic golden ale
- GUINNESS ZERO** 7.5
hints of chocolate and coffee, balanced with bitter, sweet, roasted notes
- ATHLETIC BREWING RUN WILD** 9.75
sessionable IPA