

## Raw Bar

PURE, NATURAL, AND PREPARED TO ORDER

- 🌿 OYSTERS OF THE DAY\* ..... 3.75
- 🌿 SHRIMP COCKTAIL, COLOSSAL NAKED ..... 22
- 🌿 TUNA TATAKI\* ..... 20.5  
blackened, citrus soy sauce, kelp salad, wasabi cream

## Starters

- NEW ENGLAND CLAM CHOWDER ..... 12  
our classic recipe
- CRAB CAKE, A LEGAL SIGNATURE ..... 27.5  
lump crab, mustard sauce, greens, corn, onions, tomatoes, Dijon vinaigrette
- 🌿 CALAMARI, CRISPY FRIED ..... 19.75  
tartar sauce or Rhode Island style (hot peppers & garlic)

## Salads

- 🌿 GREEK SALAD ..... 13  
tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette
- 🌿 HOUSE SALAD ..... 12  
local organic leaf lettuce, tomato, roasted corn, hard boiled egg, red onion, croutons, Dijon vinaigrette
- 🌿 CLASSIC CAESAR SALAD ..... 13  
romaine hearts, garlic croutons, shaved romano, creamy dressing
- TOP SALADS WITH:
- 🌿 CHICKEN grilled or blackened ..... 7.5
- 🌿 SHRIMP, JUMBO grilled or blackened ..... 14.25
- 🌿 SALMON\* grilled or blackened ..... 16.5
- 🌿 TUNA\*, YELLOWFIN grilled or blackened ..... 16.5
- 🌿 LOBSTER OR CRABMEAT SALAD ..... MKT

## Crispy Fried

TRADITIONAL NEW ENGLAND OR ANGRY STYLE  
 served with french fries and coleslaw

- 🌿 SHRIMP, JUMBO NAKED ..... 31.5  
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable
- 🌿 SCALLOPS ..... 41.75
- 🌿 CLAMS, WHOLE BELLY ..... 39
- 🌿 FISHERMAN'S PLATTER ..... 48  
jumbo naked shrimp, whitefish & calamari
- 🌿 FISH & CHIPS ..... 31.5  
caught by our good friend, Tory Bramante, GULF OF MAINE

## Grilled or Blackened

served with your choice of two sides

- 🌿 SALMON\*, NORWEGIAN ..... 37.25  
HELGELAND COAST
- 🌿 TUNA\*, YELLOWFIN ..... 42.75  
scan below for today's origin
- 🌿 SCALLOPS ..... 41.75  
GULF OF MAINE
- 🌿 SHRIMP, JUMBO NAKED ..... 37.25  
BAY OF BENGAL all natural, BAP 4-Star Certified Sustainable

- 🌿 Enhancements  
cajun spice | garlic butter

Scan for details on today's Fresh Catch!



### Our Gluten Free Promise

At Legal Sea Foods, we're committed to offering gluten free menu items for our guests - a mix of items that are naturally or can be prepared gluten free. In fact, our famous fry mix is gluten free - so all of your crispy fried favorites can be enjoyed. Please specify with your server if you prefer Gluten Free preparation.

## Mains

- 🌿 SALMON\*, HOISIN GLAZED HELGELAND COAST ..... 37.25  
quinoa, mushrooms, asparagus, roasted red peppers, red onions
- 🌿 TUNA\*, YELLOWFIN, NORI-CHILI CRUST ..... 42.75  
jasmine rice, roasted broccoli, ponzu sauce
- CRAB CAKE COMBO, A LEGAL SIGNATURE ..... 48  
lump crab cake, grilled shrimp, seared scallops, mustard sauce, jasmine rice, greens, corn, onion, tomato, Dijon vinaigrette
- HADDOCK, BAKED ANNA'S WAY ..... 31.75  
buttered crumbs, roasted tomato, jasmine rice, broccoli
- FISH TACOS ..... 19.75  
crispy whitefish, pickled red cabbage, chipotle aioli, pico de gallo, fried plantains

## Sandwiches

served with french fries and coleslaw

- 🌿 CRISPY FISH SANDWICH ..... 19.75  
pollock, lettuce, tomato, pickles, tartar sauce
- 🌿 BACON CHEDDAR BURGER\*, DOUBLE R RANCH ..... 20.75  
applewood smoked bacon, Vermont cheddar, lettuce, tomato
- 🌿 SMOKED SALMON SANDWICH\* ..... 15  
lettuce, tomato, mustard sauce, capers
- 🌿 JONAH CRAB ROLL ..... 37.25  
delicate North Atlantic crabmeat with mayo
- PETIT LOBSTER ROLL & CUP OF CHOWDER ..... 41
- 🌿 HALF POUND MAINE LOBSTER ROLL ..... 47.25  
traditional with lemon mayo
- 🌿 WHOLE BELLY CLAM ROLL ..... 32  
lettuce, tomato, tartar sauce
- CRAB CAKE SANDWICH ..... 34  
avocado, sriracha mayo, toasted brioche bun
- 🌿 GRILLED CHICKEN SANDWICH ..... 19.75  
applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo

## Sides

- 🌿 COLESLAW ..... 4.5
- 🌿 JASMINE RICE ..... 8
- 🌿 FRENCH FRIES ..... 8
- 🌿 BROCCOLI ..... 8
- 🌿 ASPARAGUS ..... 9

## Desserts

- BOSTON CREAM PIE ..... 12.5  
sponge cake, custard, chocolate sauce, crème anglaise, almonds, toffee bits
- 🌿 KEY LIME PIE ..... 12.5  
lime custard, raspberry sauce, whipped cream

## Take-Away

- 🌿 PEPSI, DIET PEPSI ..... 3
- 🌿 AQUAFINA ..... 2.25

Ask your server for food to go

Join Legal Net Rewards and earn points for today's visit!





## Cocktails

- LEGAL RED SANGRIA** ..... 17.5  
spanish red wine, crème de pêche, bacardi limon & raspberry rums, fresh citrus, lemon-lime soda
- LEGAL WHITE SANGRIA** ..... 17.5  
crop organic meyer lemon vodka, st. elder elderflower, sauvignon blanc, lemonade, lemon-lime soda, lemon bitters
- PASSION FRUIT MULE** ..... 16.5  
new amsterdam passion fruit vodka, reál passion fruit puree, ginger beer, lime
- LUNAZUL MARGARITA REÁL** ..... 17.0  
lunazul reposado tequila, patrón citrónge, lime
- SPICY CUCUMBER MARGARITA** ..... 17.5  
lunazul blanco tequila, ghost tequila, bols triple sec, cucumber, agave, lime, lemon
- KENTUCKY CARAJILLO** ..... 18.0  
evan williams bourbon, licor 43, chilled espresso
- ESPRESSO MARTINI** ..... 17.5  
smirnoff vanilla vodka, borghetti caffè espresso liqueur, baileys irish cream
- MOULIN ROUGE** ..... 17.5  
hendrick's grand cabaret gin, crème de peche, fever-tree lime and yuzu soda water, sugar, lemon
- BELLINI** ..... 16.5  
jeio prosecco, peach liqueur, peach puree

- BLOODY MARY** ..... 14.25  
smirnoff vodka, LSF bloody mary mix, celery, lemon, lime
- ADD CORNICHON** ..... 0.50
- ADD BACON** ..... 1.00
- ADD SHRIMP COCKTAIL** ..... 4.25

## Beer

- Draft* 16 oz | 23 oz
- NIGHT SHIFT LEGALLY HAZY MA** ..... 11 | 15.5
- ALLAGASH WHITE ME** ..... 11 | 15.5
- BUD LIGHT MO** ..... 8 | 11.5
- DC BRAU "THE PUBLIC" PALE ALE DC** 8.5 | 12.5
- DOGFISH HEAD 60 MINUTE IPA DE** ..... 11 | 15.5
- SAMUEL ADAMS BOSTON LAGER MA** ..... 9 | 13
- SAMUEL ADAMS SEASONAL MA** ..... 9 | 13
- STELLA ARTOIS** ..... 9.5 | 14
- Can*
- ANGRY ORCHARD CRISP APPLE CIDER NY** ... 9
- CORONA Mexico** ..... 8.5
- DOGFISH HEAD SEAQUENCH SESSION SOUR ALE DE** ..... 9
- FLYING DOG THE TRUTH IMPERIAL IPA MD**... 8
- HEINEKEN Holland** ..... 8.5
- HIGH NOON HARD SELTZER CA** ..... 9.5
- MILLER LITE USA** ..... 8
- TRULY HARD SELZTER CA** ..... 8.5
- TRULY TEQUILA SODA CA** ..... 8.5
- YUENGLING PA** ..... 8

## Sparkling Wine



- JEIO PROSECCO** Valdobbiadene ..... 15 | 57
- NICOLAS FEUILLATTE BRUT NV** ..... 22 | 95
- VEUVE CLICQUOT "YELLOW LABEL" BRUT NV** ..... 105
- MOSCATO D'ASTI, CHIARLO "NIVOLE" Piedmont** . . . 14 | (½) 28

## White Wine



- ALBARIÑO** **LA CANA** Rias Baixas ..... 16 | 20 | 61
- ROSÉ** **WHISPERING ANGEL** Provence ..... 18 | 22 | 70
- RIESLING** **HUGEL** Alsace ..... 48
- PINOT GRIGIO** **TERLATO** Friuli ..... 16 | 20 | 61
- SANTA MARGHERITA** Valdadige ..... (½) 35
- YEALANDS** Marlborough ..... 15 | 19 | 57
- CAKEBREAD** Napa ..... 19 | 23 | 79
- CLOUDY BAY** Marlborough ..... 79
- SAGER AND VERDIER SANCERRE** Loire ..... 19 | 23 | 76
- CHARDONNAY** **DEMORGENZON "DMZ"** Stellenbosch ..... 38
- DIATOM (UNOAKED)** Santa Barbara County ..... 19 | 23 | 76
- PATZ & HALL** Sonoma Coast ..... 59
- SONOMA-CUTRER "RRR"** Sonoma ..... 18 | 22 | 70
- GARY FARRELL** Russian River ..... 82
- STAGS' LEAP WINERY** Napa Valley ..... 21 | 25 | 84
- JORDAN** Russian River ..... 20 | 24 | 79

## Red Wine



- PINOT NOIR** **CHATEAU SOUVERAIN** California ..... 15 | 19 | 57
- CHIANTI** **CECCHI** Castellina ..... 14 | 18 | 57
- MERLOT** **DECOY** California ..... 16 | 20 | 60
- MALBEC** **ZUCCARDI MOUNTAIN VINEYARDS** Uco Valley ..... 73
- CABERNET SAUVIGNON** **BRAAI** Western Cape ..... 57
- SIMI** Sonoma ..... 16 | 20 | 61
- BUEHLER** Napa ..... 74
- HESS "ALLOMI VINEYARD"** Napa ..... 36
- JORDAN** Alexander Valley ..... 94

## Non-Alcoholic

- BLACKBERRY BURLESQUE** ..... 13  
steeped dammann frères nuit d'ete tea, reál blackberry puree, ginger beer, lime
- ATHLETIC BREWING UPSIDE DAWN** ..... 9.75  
classic golden ale
- GUINNESS ZERO** ..... 7.5  
hints of chocolate and coffee, balanced with bitter, sweet, roasted notes
- ATHLETIC BREWING RUN WILD** ..... 9.75  
sessionable IPA